

# ROBERT STERNBERG'S

## 10 TIPS TO CREATIVITY

1. BE MOTIVATED FROM INSIDE, NOT OUTSIDE.
2. TAKE TIME TO THINK BEFORE YOU ACT.
3. PRACTICE STICK-TO-IT-NESS.
4. FIND OUT WHAT YOU'RE BEST AT, THEN USE THOSE ABILITIES.
5. FINISH WHAT YOU START. FOLLOW THROUGH.
6. DON'T PROCRASTINATE.
7. DON'T LET PERSONAL PROBLEMS DRAG YOU DOWN.
8. STRIKE A BALANCE IN YOUR LIFE.
9. KNOW WHEN TO BE CREATIVE, AND WHEN NOT TO BE CREATIVE.
10. MAKE YOUR ENVIRONMENT A CREATIVE ENVIRONMENT.